

### Severe Sepsis and Septic Shock: Management Bundle (Composite Measure) *Crystalloid Fluid Administration* Data Element Version 5.16 Questions and Answers

### August 29, 2024

### **Speakers**

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### Purpose

The purpose of this event is to:

- Review the Crystalloid Fluid Administration data element.
- Respond to frequently asked questions.

### Objective

- Participants will be able to understand and interpret the guidance in Version (V)5.16, of the specification manual, specific to the *Crystalloid Fluid Administration* data element.
  - Version 5.16 is effective for July 1, 2024, through December 31, 2024, discharges.

### **Acronyms and Abbreviations**

APN	advance practice nurse	kg	kilogram
ASC	Ambulatory surgical center	LR	lactated ringers
BMI	body mass index	MAR	Medication Administration Record
CCN	CMS Certification Number	MD	Medical Doctor
CHF	congestive heart failure	mL	milliliter
CI	cardiac index	NS	normal saline
CKD	chronic kidney disease	PA	physician assistant
CMS	Centers for Medicare & Medicaid Services	РС	Perinatal Care
CO	cardiac output	pt	patient
D	In Measure Population	Q&A	question and answer
Е	In Numerator Population	SEP	sepsis
ED	Emergency Department	SV	stroke volume
EMS	Emergency Medical Services	SVI	stroke volume index
hr	hour	UTD	unable to determine
IBW	ideal body weight	V	version
IQR	Inpatient Quality Reporting	VAD	ventricular assist device
IV	intravenous	Χ	Data are Missing

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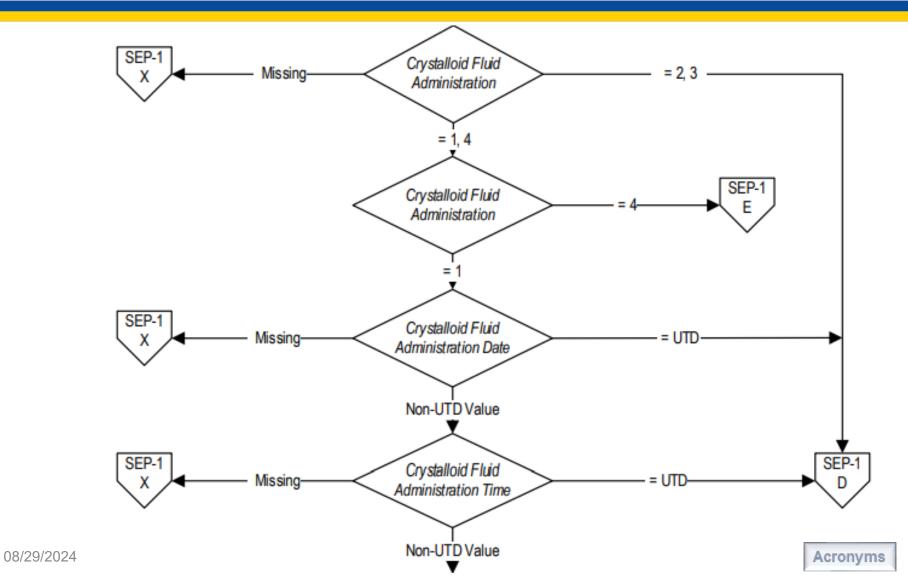
Noel Albritton, MSN, RN Jennifer Witt, RN

**Crystalloid Fluid Administration Data Element V5.16** 

**Definition:** Documentation of initiation of crystalloid fluids within the specified time frame AND complete infusion of the target ordered volume.

**Suggested Data Collection Question:** Were crystalloid fluids initiated within the specified time frame AND completely infused based on the target ordered volume?

### SEP-1 Algorithm V5.16 Review



- The specified time frame for abstraction of crystalloid fluids is within six hours prior through three hours after either of the following trigger events. If both are present, use the earliest trigger event within the specified time frame.
  - $\circ\,$  Initial Hypotension Date and Time
  - Septic Shock Presentation Date and Time

 A physician/APN/PA order for a volume of crystalloid fluids that is within 10% less than 30 mL/kg is acceptable for the target ordered volume. Documentation of a reason for a volume that is within 10% less than 30 mL/kg is not required.

Example:

2000 mL of normal saline was ordered and initiated in the ED. The patient's weight is not available or documented at the time of the order. After admission to critical care a weight is obtained of 74 kg. Based on this weight 30 mL/kg is 2220 mL. The target ordered volume is 2000 mL because it is within 10% less than 2220 mL (2220 mL – 222 mL = 1998 mL).

## Crystalloid Fluid Administration (Target Volume Question #1)

Q. What is the target volume for this patient based only on the physician documentation below?

### Weight recorded in ED:

61.67 kg (30 mL/kg x 61.67 kg = 1850 mL)

### MD order:

Sepsis Fluids, NS IV 1800 mL over 120 minutes

A. 1800 mL

## Crystalloid Fluid Administration (Target Volume Question #2)

Q. What is the target volume for this patient based only on the physician documentation below?

Weight recorded in ED:

 $82 \text{ kg} (30 \text{ mL/kg} \times 82 \text{ kg} = 2460 \text{ mL})$ 

MD order #1:

NS IV 1000 mL over 60 minutes

MD order #2:

NS IV 1500 mL over 90 minutes

#### A. 2460 mL

- A physician/APN/PA order for less than 30 mL/kg of crystalloid fluids is acceptable for the target ordered volume if all of the following criteria were met:
  - There is a physician/APN/PA order for the lesser volume of crystalloid fluids as either a specific volume (e.g., 1500 mL) or a weight-based volume (e.g., 25 mL/kg).
  - The ordering physician/APN/PA documented within a single source (e.g., note or order) in the medical record all of the following:
    - The volume of fluids to be administered as either a specific volume (e.g., 1500 mL) or a weight-based volume (e.g., 25 mL/kg).
    - AND a reason for ordering a volume less than 30 mL/kg of crystalloid fluids. Reasons include and are not limited to the following:
      - Concern for fluid overload
      - Heart failure
      - Renal failure
      - Blood pressure responded to lesser volume
      - A portion of the crystalloid fluid volume was administered as colloids (If a portion consisted of colloids, there must be an order and documentation that colloids were started or noted as given)

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Acronyms 14
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- If there are multiple physician/APN/PA orders for lesser volumes with documented reasons, use the total of the lesser volumes ordered within the specified time of six hours prior through three hours after the triggering event.
- If a lesser volume is ordered and there is physician/APN/PA documentation indicating the target ordered volume is 30 mL/kg within six hours after the lesser volume is ordered, use the 30 mL/kg volume as the target ordered volume.

## Crystalloid Fluid Administration (Lesser Volume Question #1)

Q. Which volume would you use as the target ordered volume? Patient weight 90 kg, 30 mL/kg = 2700 mL

Initial Hypotension: 08:00

#### IV Fluid Orders:

06:00: NS 0.9% IV volume 250 mL over 30 minutes

Order Comments: Fluid overload

08:15: NS 0.9% IV volume 250 mL over 30 minutes

Order Comments: Hypotensive but improving

#### MAR:

06:10 new bag 250 mL NS, stop time 06:40 08:15 new bag 250 mL NS, stop time 08:45



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## Crystalloid Fluid Administration (Lesser Volume Question #2)

Q. Which volume would you use as the target ordered volume? Patient weight 75 kg, 30 mL/kg = 2250 mL

Septic Shock Presentation Time: 13:00

IV Fluid Orders:

11:20: NS 0.9% IV volume 1000 mL over 1 hr

Order Comments: Only give 1000 mL due to CHF.

14:30: NS 0.9% IV volume 500 mL over 1 hr

MAR:

11:45 new bag 1000 mL NS, stop time 12:45 14:45 new bag 500 mL NS, stop time 15:45

A. 1000 mL

## Crystalloid Fluid Administration (Lesser Volume Question #3)

Q. Which volume would you use as the target ordered volume based only on the information below?
Patient weight 105 kg, 30 mL/kg = 3150 mL Initial Hypotension: 21:30

### **ED Physician Note:**

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### A. 3150 mL

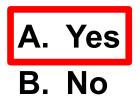
## Knowledge Check: Crystalloid Fluid Administration

Would you use 250 mL as the target ordered volume for the *Crystalloid Fluid Administration* data element based only on this physician statement? "Ordering 250 mL due to pneumonia."

- A. Yes
- B. No

## Knowledge Check: Crystalloid Fluid Administration

Would you use 250 mL as the target ordered volume for the *Crystalloid Fluid Administration* data element based only on this physician statement? "Ordering 250 mL due to pneumonia."



### Crystalloid Fluid Administration (Lesser Volume Question #4)

Q. Which volume would you use as the target ordered volume?
 Patient weight 62 kg, 30 mL/kg = 1860 mL
 Initial hypotension: 18:00

#### IV Fluid Orders:

18:30: NS 0.9% IV volume 250 mL over 30 minutesOrder Comments: 250 mL due to mild hypotensionPhysician note:

22:00: "Ordering 30 mL/kg due to septic shock."

A. 1860 mL

## Crystalloid Fluid Administration (Lesser Volume Question #5)

Q. Which volume would you use as the target ordered volume?

Patient weight 100 kg, 30 mL/kg = 3000 mL

Septic Shock Presentation Time: 09:35

#### ED physician note:

"Giving 500 mL due to CKD"

#### **IV Fluid Orders:**

09:35: LR IV volume 500 mL over 60 minutes

#### APN note:

18:00: "Concerned for septic shock, pt received 500 mL earlier, adding 2500 mL for total of 3000 mL."

#### A. 500 mL

- The target ordered volume must be ordered and initiated within the specified time frame if initial hypotension or septic shock is present.
- To select Value "1," the target ordered volume must be documented as completely infused.
- The target ordered volume does NOT need to be completely infused within the specified time frame.

- To determine if the target ordered volume was completely infused, one of the following must be documented along with the infusion start time.
  - Infusion rate (e.g., 1000 mL/hr)
  - Infusion duration or time over which to infuse (e.g., 1000 mL over 30 minutes)
  - Infusion end or completion time (e.g., MAR documentation of 1000 mL End Time 12:00)

# Crystalloid Fluid Administration (Completely Infused Question #1)

Q. Was the target ordered volume of crystalloid fluids completely infused based only on the documentation below?

Patient weight 87 kg, 30 mL/kg = 2610 mL

Septic Shock Presentation Time: 18:30

#### **EMS** documentation:

17:15: Started 1000 mL NS

17:50: ED Arrival Time

#### **IV Fluid Orders:**

18:20: NS IV volume 2000 mL at 1000 mL/hr

#### MAR:

18:23: New Bag, NS IV 1000 mL, start time 18:23 at 1000 mL/hr 19:25: New Bag, NS IV 1000 mL, start time 19:25 at 1000 mL/hr

A. No.

# Crystalloid Fluid Administration (Completely Infused Question #2)

Q. Was the target ordered volume of crystalloid fluids completely infused based only on the documentation below?

Patient weight 95 kg, 30 mL/kg = 2850 mL

Initial hypotension: 06:00

#### **EMS** documentation:

05:00: Started 1000 mL NS bolus

05:45: ED Arrival Time

#### IV Fluid Orders:

06:40: NS IV volume 2000 mL over 2 hours

#### MAR:

06:45: Start Time: New Bag, NS IV 1000 mL 07:50: Start Time: New Bag, NS IV 1000 mL

A. No.

- Crystalloid fluid orders:
  - Physician/APN/PA orders are required for the fluids.
  - The order must include the type of fluid, the volume of fluid, and a rate or time over which the fluids are to be given.
  - The terms bolus, wide-open, or open are acceptable for a rate or infusion duration.

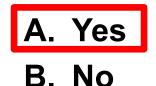
## Knowledge Check: Crystalloid Fluid Administration

Would you use the prior to arrival fluids toward the target ordered volume based only on this EMS documentation? "NS 1000 mL bolus 16:25 to 17:10"

- A. Yes
- B. No

## Knowledge Check: Crystalloid Fluid Administration

Would you use the prior to arrival fluids toward the target ordered volume based only on this EMS documentation? "NS 1000 mL bolus 16:25 to 17:10"



 Only include crystalloid fluids or colloids given at a rate greater than 125 mL/hour towards the target ordered volume.
 Do not use crystalloid fluids or colloids given at 125 mL/hr or less toward the target ordered volume.

 Acceptable fluids are crystalloid or balanced crystalloid solutions.

### **Inclusion Guidelines for Abstraction:**

- 0.9% saline solution
- 0.9% Sodium Chloride Solution
- Isolyte
- Lactated Ringers Solution
- normal saline
- Normosol
- PlasmaLyte

- Select Value "4" if:
  - There is documentation that the patient has an implanted ventricular assist device (VAD) prior to or at the time of identifying the need for crystalloid fluids, regardless of the volume and rate of crystalloid fluids ordered.
  - Physician/APN/PA or nursing documentation indicates patient or authorized patient advocate has refused IV fluid administration prior to or within six hours following presentation of septic shock.

- Select Value "4" if:
  - Physician/APN/PA or nursing documentation indicates no crystalloid fluids were ordered because the patient was not volume or not fluid responsive. Documentation must indicate that invasive or noninvasive measurements of cardiac output (CO), cardiac index (CI), stroke volume (SV), or stroke volume index (SVI) were used to determine the patient was not volume or fluid responsive.

## Crystalloid Fluid Administration (Value "4" Question #1)

Q. Is the physician/APN/PA or nursing documentation required to state the following?
"No crystalloid fluids were ordered because the patient was not volume or not fluid responsive."

A. No

## Crystalloid Fluid Administration (Value "4" Question #2)

- Q. Is the physician/APN/PA or nursing documentation required to include the measurement value and the invasive or non-invasive method used to measure the cardiac output, cardiac index, stroke volume, or stroke volume index?
- A. No.

## Crystalloid Fluid Administration (Value "4" Question #3)

Q. Would you select Value "4" (No) for the *Crystalloid Fluid Administration* data element based only on the physician documentation below?

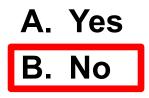
> Hospitalist note: "Severe sepsis patient with hypotension, unlikely to respond to fluid resuscitation based on cardiac output."

A. Yes.

Would you select Value "4" (No) for the *Crystalloid Fluid Administration* data element based only on the physician documentation of "ordering 500 mL due to stroke volume"?

- A. Yes
- B. No

Would you select Value "4" (No) for the *Crystalloid Fluid Administration* data element based only on the physician documentation of "ordering 500 mL due to stroke volume"?



# **Crystalloid Fluid Administration** (Abstraction Guidance V5.16)

- Physician/APN/PA can use ideal body weight (IBW) to determine the target ordered volume if all of the following conditions are met. Other acceptable weight terms include predicted weight, dosing weight, and adjusted body weight.
  - Physician/APN/PA documents the patient is obese (defined as BMI >30).
  - Physician/APN/PA documents IBW is used to determine target ordered volume.
  - IBW is present in the medical record, abstractors should not calculate the IBW.

# Crystalloid Fluid Administration (IBW Question #1)

Q. Which weight would you use to determine the target ordered volume based only on the documentation below?

#### Patient weight:

125 kg, 30 mL/kg = 3750 mL

#### PA Note:

"Sepsis fluids based on IBW 75 kg, BMI is 29"

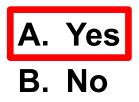
A. 3750 mL



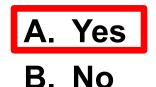
Jennifer Witt, RN

**Knowledge Check Question and Answer Review** 

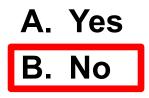
Would you use 250 mL as the target ordered volume for the *Crystalloid Fluid Administration* data element based only on this physician statement? "Ordering 250 mL due to pneumonia."



Would you use the prior to arrival fluids toward the target ordered volume based only on this EMS documentation? "NS 1000 mL bolus 16:25 to 17:10"



Would you select Value "4" (No) for the *Crystalloid Fluid Administration* data element based only on the physician documentation of "ordering 500 mL due to stroke volume"?



Noel Albritton, MSN, RN

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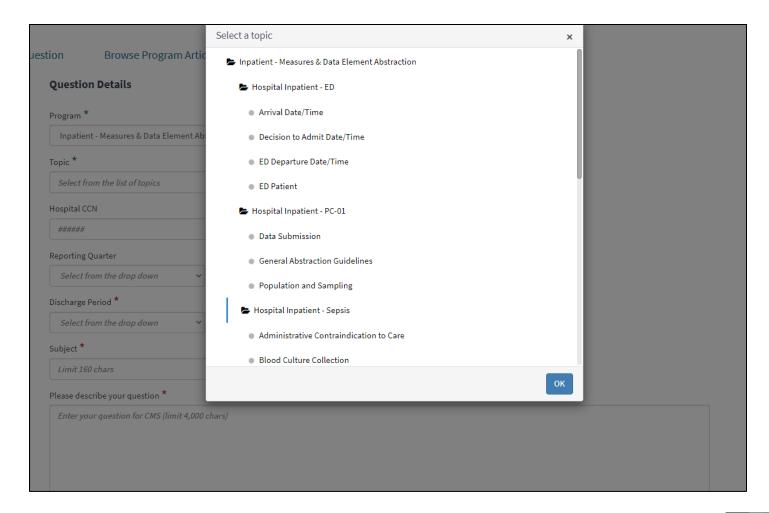
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**Questions and Answers** 

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